

IRREGARDLESS

real food . real music . real good . est . 1975

Small Plates & Shareables

Crispy Polenta Frites VEG|GF

Hazelnut Romesco Aioli | Parmesan | 9

Spinach & Artichoke Dip VEG|GFO

onion | garlic | mixed cheese | grilled pita | 11

Herb Roasted Potatoes VEG|GF

Roasted potatoes | rosemary | thyme | oregano |
garlic | lemon herb aioli | 8

Black Eyed Pea Falafel VG|GF

Lemon tahini | cucumber |
tomatoes | pickled onion | 14

Roasted Brussels Sprouts VEG

brussels sprout | gochujang agave | toasted sesame | 8

House Made Focaccia VG

Drizzled with olive oil | 5

Roasted Garlic Hummus VG|GFO

Oyster mushroom salad |
fresh herbs | fried pita | 9

Mixed Greens Salad VG|GF

Mixed greens | onions | radishes | rainbow carrots
| crispy chickpeas | lemon tahini dressing | 11

Romaine Caesar GFO

Tahini caesar | parmesan | bread crumbs | 11

Persimmon Butternut Salad VEG|GF

Zaatar | roasted butternut | escarole | pickled
persimmon | ricotta salata | candied pecans |
preserved lemon vinaigrette | 13

Large Plates

Marinated Grilled Artichokes VG|GF

Artichokes | bean mujaddara |
red pepper coulis | fried onion | 19

Mushroom Vadouvan VG|GF

Fried oyster mushroom | vadouvan oil |
seasonal vegetables | sweet corn veloute | 22

Roasted Autumn Cabbage VG|GF

Roasted young cabbage | stewed cannellini beans |
pecan muhammara | pomegranate molasses
| chives | 18

Spanakopita VEG

Spinach | feta | sautéed onions | phyllo dough |
lemon cream sauce | green beans | 20

Cauliflower Duo VG|GF

Harissa roasted cauliflower steak & cauliflower puree
sauteed spinach & garbanzo beans | preserved lemon | 20

Grilled Ribeye * GF

Dashi-dried porcini rub | oyster mushrooms |
smashed & fried fingerlings | roasted onion black
truffle brandy peppercorn sauce | 47

Peri Peri Chicken GF

Grilled half chicken | peri peri sauce
roasted onion | chives | grilled lemon |
berbere roasted NC sweet potato | 31

Rigatoni Fra Diavlo

Parmesan | breadcrumbs |
house made shrimp sausage fra diavlo | 26

Market Fish GF

Blackened NC speckled trout | spicy Veracruz sauce |
grilled broccolini | cabbage slaw | lime | 29

Grilled Salmon * GF

Grilled skin on salmon | wilted bok choy |
lemon piccata sauce | 30

Irregardless Burger * GFO

1/2lb patty | swiss cheese | thousand island | bacon jam |
shaved red onion | bread & butter pickle | brioche bun |
french fries | 19

Add a fried egg | +2

Gluten free bun upon request | +4

VEG = VEGETARIAN | VG = VEGAN | VO = VEGAN OPTION | GF = GLUTEN FREE | GFO = GLUTEN FREE OPTION

Please inform your server of any food allergies A 20% service charge will be added to parties of five or more guests.

Items marked with the " * " Symbol are cooked to order or contain undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk for food-borne illness.

919 - 833 - 8898 | irregardless.com | @irregardlessnc

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COCKTAILS

SLEEPY THYME lemon, dry vermouth, thyme floral syrup, gin | 14

PATIENCE IS A VERJUS
gin, earl grey honey, verjus, egg white | 16

NOG NOG JOKE
brandy, dark rum, vanilla, nutmeg, egg nog | 15

GINGER DAISY
blanco tequila, ginger & orange essence syrup, lime juice, agave 13

SUN'II COME OUT AMARO
bourbon, amaro, cold brew, coconut cream, cinnamon | 13

SPIRIT-FREE COCKTAILS

ALL TEA, NO SHADE
Earl grey, verjus, pineapple, lime | 9

LOVE TONIC
Hibiscus, mint, orange zest, agave | 8

GREENTAILS - DELTA8 COCKTAILS

ORANGE MAGGIE
Groovewagon Magnifico delta8 + orange juice | 8

LEMON SHANDY
Groovewagon lemon lime delta8, earl grey, verjus, pineapple, lime | 9

WINE

SPARKLING

LOS MONTEROS BRUT CAVA Spain
glass 11 bottle 34

ROSÉ Hillinger Secco - Austria
bottle 35

WHITE

SABINE BIELER PERE & FILS ROSE - Provence, FR
glass 11 bottle 38

LEITZ RIESLING Germany
glass 11 bottle 36

ILAURI TAVO PINOT GRIGIO Italy
glass 12 bottle 38

SIDEKICK CHARDONNAY California
glass 12 bottle 38

**ANTON BAUER WAGRAMTERRASSEN
GRUNER VELTLINER** Austria
glass 12 bottle 36

BOAL DE AROUSA ALBARINO - Spain
bottle 40

WALNUT BLOCK SAUVIGNON BLANC - NZ
bottle 30

TREFETHEN ESCHOL CHARDONNAY Napa, CA
bottle 42

BEER

BLOWING ROCK CLOUD RISE HAZY IPA
Draft Blowing Rock, NC | 7

LYNNWOOD BREWING CZECH YOURSELF PILSNER
Draft Raleigh, NC | 6

CRANK ARM WHITEWALL BELGIAN WHEAT ALE
Draft Raleigh, NC | 6.50

EAST BOWER LINGER CRANBERRY ORANGE
Draft Raleigh, NC | 9

LEFTHAND NITRO MILK STOUT
Longmont, CO | 7

TROPHY 'CLOUD SURFER' IPA
Raleigh, NC | 6

TROPHY 'MORTS' LAGER
Raleigh, NC | 5

PONYSAURUS SCOTTISH ALE
Durham, NC | 6

NON-ALCOHOLIC BEER

ATHLETIC BREWING GOLDEN ALE
Milford, CT | 5

ATHLETIC BREWING FREE WAVE HAZY IPA
Milford, CT | 5

THC CBD DELTA8 BEVERAGES

GROOVE WAGON FENCE HOPPING
7mg delta 8 - lemon lime
Raleigh, NC | 9

GROOVE WAGON MAGNIFICO
7mg delta 8 - grapefruit spritz
Raleigh, NC | 9

CANN GRAPEFRUIT ROSEMARY
5mg THC + 10 mg CBD
California | 10

CANN BLOOD ORANGE CARDAMOM
5mg THC + 10 mg CBD
California | 10

RED

THE PINOT PROJECT PINOT NOIR California
glass 12 bottle 38

LA MAIALINA CHIANTI Italy
glass 12 bottle 36

CONTOUR CABERNET California
glass 12 bottle 36

LE BOMBARDE CANNONAU Italy
glass 12 bottle 38

DOMAINE SAINT-DAMIEN LE DIX VIN DE PAYS France
glass 12 bottle 38

O.P.P. PINOT NOIR - Willamette, OR
bottle 48

POGGIO ANIMA NERO D'AVOLA - Sicilia, IT
bottle 37

HILLINGER EVELINE PINOT NOIR - Burgenland, AT
bottle 45